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invited to a  **zoom** webinar

St. Antoninus of Florence

LECTURE 2021



FELICE PRUDENTE STA. MARIA
Food Historian

ALL YOU CAN EAT

A BUFFET FOR WELL-BEING

Food history is an area of recent interest especially in the Philippines. Clues to the Filipinos' heritage of positive character building values are found in native vocabularies (including food-related terms) published during the Spanish colonial era. These food-related vocabularies add the historical dimension to findings in anthropology and sociology. While Philippine cuisine, like many cultures, nourishes the physical and the spiritual dimensions, it also feeds the Social Self so indicative of the high interpersonal intelligence Filipinos seem to demonstrate.



 **8** **MAY** **08** **2021**  **10** **am**

Registration Link:

https://ust-edu-ph.zoom.us/webinar/register/WN_O0jC5e3ISYu5vxd5uRwj2Q