

Mission Statement

We are a Catholic institution of learning dedicated to advancing the frontiers of knowledge in the theoretical and applied fields through quality graduate education that is comprehensive and responsive to the needs of society.

We are committed to the formation of scholars and high-quality professionals who are ethical, competent, compassionate, and committed to the service of their respective professions, the church, the nation, and the global community.

Vision Statement

We envision a Graduate School that stands for excellence and innovation and that is globally recognized for its distinct degree programs and quality research outputs.

Goals and Objectives

The Graduate School commits itself to develop:

1. competent professionals who, inspired by the ideals of St. Antoninus of Florence, promote excellence in the production, advancement, and transmission of specialized knowledge and skills in the sciences, the arts, and community service;
2. scholarly researchers and creative thinkers who, kindled by St. Thomas Aquinas' arduous quest for truth, aspire to become fonts of intellectual creativity and, in their quest for quality research, are proficient and critical in assessing and communicating information in various fields that impact the professions, the church, the nation, and the global community;
3. professional Christian leaders who, touched by St. Dominic de Guzman's apostolic fire and warmed by Mary's motherly care, articulate ethics and truth, high level of moral maturity in resolving issues and promoting social justice and compassion for the poor, and care for the environment;
4. globally engaged citizens who, with ardent advocacy for life, promote a deeper understanding of tolerance and justice as well as linguistic, religious, and cultural diversities as a result of precise evaluation of modern problems and inquiries;
5. committed scholars who, nurtured by the dogmas of Christian faith and values, are dedicated to the pursuit of truth through the promotion of an intellectual culture that values academic rigor and freedom of scientific investigations; and
6. lifelong learners who, empowered by St. Antoninus of Florence's zeal for learning, are committed to the advancement of a higher culture through a continuous

search for intellectual inquiries and new knowledge as well as faithfulness to Catholic intellectual traditions.

Program Intended Learning Outcomes (PILO)

Upon successful completion of the MA Psychology with specialization in Clinical Psychology program, the graduate will be able to:

1. Demonstrate updated knowledge and comprehension of the major theories, perspectives, historical trends, and empirical findings to discuss how psychological principles apply to behavioral problems across levels and disciplines.
2. Demonstrate skills in the development of scientific reasoning and problem solving, including effective psychological research method.
3. Demonstrate the capability to lead and have more direct adherence to professional values in resolving psychological issues.
4. Demonstrate higher order levels of skills to communicate information, ideas, problems, and solutions about psychological phenomena to informed audiences.
5. Demonstrate responsiveness to multicultural and global psychological concerns.
6. Demonstrate resourcefulness on the importance of effective learning strategies, cultural sensitivity, and career opportunities in the field of psychology.

MASTER OF ARTS IN PSYCHOLOGY WITH SPECIALIZATION IN CLINICAL PSYCHOLOGY

PREREQUISITE COURSES: (6 UNITS)

GS 500 – St. Thomas on Critical Thinking

As the philosophical foundation of Research Methodology, it is a study of the principles of and skills in critical thinking according to St. Thomas Aquinas in the three areas of mental cognition: simple apprehension, judgment and reasoning; and of common fallacies towards the acquisition of the art of argumentation.

PSY 501 – Advanced Statistics I

Behavioral Statistics is a course that attempt to equip students with statistical tools especially needed in research. It covers descriptive statistics and inferential statistics used for hypothesis testing. It is designed for graduate students in psychology and in other related fields who need to understand statistical tools used in theses and publications in their respective specializations. This course also prepares the graduate students in the analysis of data required in their research papers and theses.

Note: For Non- AB/BS Psychology Graduate

The following are the 6 (Six) Bridging Undergraduate pre-requisites Courses which is equivalent to 18 units in order to take the Graduate Level Program in M.A. Psychology with Specialization in Clinical Psychology:

1. General Psychology
2. Human Development
3. Theories of Personality
4. Experimental Psychology
5. Abnormal Psychology
6. Psychological Assessment

CORE COURSES (9 UNITS)

PSY 600 – Advanced Research Methods I

This is a three unit course that deals with Quantitative Research Methods with emphasis on the comprehensive review of quantitative research methods—the quantitative paradigm, experimental design, quasi-experimental design, and survey research.

PSY 601 – Development of Psychological Thought

This three unit course explores major developments and ideas in the history of psychology as an academic discipline. It will address such topics as: the history of ideas about the mind; key historical and social events that shaped the field; when and how psychology became a science, and the evolution of schools of thought in psychology. It examines current trends and issues in psychology and the impact of physiology and culture on the understanding of human behavior.

PSY 602 – Advanced Abnormal Psychology (Board Exam Course & Pre-requisite for Advanced Clinical Psychology)

This three unit course is designed to provide students with a clear understanding of what psychopathology is all about, its nature and scope in the field of human behaviour. The emphasis is on the typical signs and symptoms of abnormal behaviour, the causative factors, taking into consideration both the psychological and neurobiological determinants. It also exposes the students to the various perspectives in looking at the psychopathology.

SPECIALIZATION (18 UNITS)

PSY 700 – Advanced Psychological Assessment

This three-unit course exposes the students to the nature and scope of psychological testing and assessment.

PSY 701 – Advanced Theories of Personality

This three (3) units course deals with the study of major personality theories from the standpoint of structure, growth, development, dynamics, psychopathology, behavior change, research strategies and criteria for evaluation.

PSY 702 – Advanced Counselling and Psychotherapy

This is a 3-unit course for graduate students. It allows the student to learn the whole process of psychotherapy, become familiar with the basic concepts, techniques, and skills of the various psychotherapies. Focus shall be in the study of different approaches and theoretical models in conducting psychotherapy. Students are exposed to simulation activities which will help them develop skills and strategies in conducting psychotherapy. The course culminates with the staging of a psychotherapy case conference.

Note: The 3 above courses are Board Examination Courses, and students are required to enrol under MA in Clinical Psychology.

Other Psychology Courses of Specialization:

PSY 703 – Advanced Clinical Psychology (required course since their specialization is Clinical Psychology)

The course aims to provide students with a basic understanding of the nature, scope, and techniques used in the field of clinical/counseling psychology, including approaches in the assessment and interventions in various psychological disorders. The course also discusses the roles, functions, and ethical considerations involved in the practice of the profession.

PSY 704 – Projective Techniques

Discussion and demonstration in administering, scoring and interpreting selected projective tests such as the Thematic Apperception Test (TAT), Bender Gestalt Visual Motor Test, House Tree Person Test, etc.

PSY 705 – Behavioral Neuroscience

This is a three unit course which presents the neurobiological basis of human behavior with emphasis on the role of the nervous system in the control and regulation of voluntary and involuntary activities/functions of a living human being.

PSY 706 – Advanced Experimental Psychology

A competency based course that deals with the study of various experimental designs and procedures, and the application of these in the analysis and empirical evaluation of psychological processes.

PSY 707 – Psychological Test Development

This course is designed to discuss the principles of test construction in the field of psychology with special emphasis on the important concepts or reliability and validity. Actual exposure and training in the standardization procedures of developing a test shall be undertaken within the course.

PSY 708 – Psychoneuroimmunology

This three unit graduate course deals with the study of the mind/ body interaction in diseases or specifically, the interaction of stress, brain and immune system. This course also attempts to explain why any disruption of communication between the brain and the immune system leads to enhanced susceptibility of inflammatory diseases. Moreover, it orients the students to the various ways of managing stress.

PSY 709 – Advanced Neuro-psychology

This course deals with the study of the relationship between brain and behavior and the psychological manifestations of brain damage. It also exposes the students to the different neuropsychological assessment tools and to the role of the neuropsychologist in conducting a neuropsychological evaluation of the brain – damaged patients.

PSY 710 – Basic Training on EMDR (Eye Movement and Desensitization Reprocessing)

This is a three unit course that emphasizes the basic techniques and approaches of Eye Movement and Desensitization Reprocessing in facilitating the processing of trauma. The rationale behind EMDR as a

course is that disturbing memories from childhood need to be properly processed by the brain in order to alleviate symptoms associated with having experienced childhood trauma ; that is because the view is taken that the unresolved trauma is the cause of psychiatric difficulties resulting in suffering.

PSY 711 – Group Therapy

This is a three unit course with emphasis on psychotherapy in which one or more therapists treat a group of patients simultaneously. This could be used to refer to any type of psychotherapy (for example, cognitive therapy or interpersonal therapy) that is delivered in a group format, it is mainly used to refer to psychodynamic group therapy.

PSY 712 – Mental Health and Psycho-social Support

This course addresses the ongoing psychological and social problems of target groups who are extremely exposed to man-made and natural disasters. Psychological interventions are administered to the said target groups to attend to the effect of psychological, cognitive and behavioural effects such as post-traumatic disorders.

PSY 713 – Advanced Positive Psychology

This course introduces the emerging field of Positive Psychology – the science of positive experiences, positive institutions, and human strengths. For the past several years, psychology was devoted mainly on studying mental illness and how to treat patients. The Positive Psychology movement reminds us that psychology is also dedicated to promoting human strengths and virtues and that its goal is not merely to treat but also prevent illness.

PSY 714 – Psychotrauma Management

This highly-specialized course is designed exclusively for counselors, psychotherapists, social workers and other trained mental health practitioners. It is a solid, comprehensive and terminal course in trauma work involving the three (3) major areas of study: traumatology, assessment of post-traumatic stress disorder and treatment/intervention models. Practicum facility (UST Graduate School Psycho-trauma Clinic) within the campus is made available for graduate students in order to maximize learning opportunities in their clinical practice in trauma work.

PSY 715 – Introduction to Rorschach

This course discusses on theory, development, orientation, and the rationale behind the purpose and use of the Rorschach technique, with practicum on administration, scoring, interpretation, and evaluation. It involves practicum interpretation of the Rorschach technique in case studies; researches on validation, statistical procedures and personality evaluation in clinical and non-clinical areas.

COGNATES COGNATES (3 UNITS)

Any course that can be enrolled in MA Psychology or any excess in specialization units required.

TERMINAL REQUIREMENTS (12 UNITS)

Practicum/Internship of 300 Hours
Written Comprehensive Examination
Thesis Writing I (Proposal Writing)
Thesis Writing II(Research Colloquium)
Thesis Writing III(Final Defense)

Total = 48 Units

UST Graduate School Administration Officials and Faculty Set-up

MARILU R. MADRUNIO, Ph.D.
Dean

FR. JOSÉ ANTONIO E. AUREADA, O.P., S.Th.D.
Regent

ALEJANDRO S. BERNARDO, Ph.D.
Faculty Secretary

GRECEBIO JONATHAN D. ALEJANDRO, Dr.rer.nat.
Director for Graduate Research

Maria Claudette A. Agnes, Ph.D.
*Program Lead
Psychology*

PROFESSORIAL STAFF
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Sr. Angelina M. Julom, Ph.D.
Arnulfo Lopez, Ph.D.
Marc Eric S. Reyes, Ph.D.
Geraldine E. Tria, Ph.D.
Joy R. Tungol, Ph.D.
Marie Antonette S. Vargas, Ph.D.

Summary of Program Requirements

Degree Requirements	units
Prerequisite Courses	6
Core Courses	9
Specialization Courses	18
Cognate Courses	3
Written Comprehensive Exam	--
Internship/Practicum (300hrs)	3
Thesis Writing I	3
Thesis Writing II	3
Thesis Writing III	3
TOTAL	48



University of Santo Tomas
THE CATHOLIC UNIVERSITY OF THE PHILIPPINES
MANILA, PHILIPPINES
The Graduate School

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